

# Himalayan Anti Aids & Anti Narcotic Drugs Society (HANDS)

## Activity Report

2016-2017

### Rehabilitation 7<sup>th</sup> Anniversary Celebration (14<sup>th</sup> April 2016)



*Mr Bharat Pardhan addressing the gathering      Patients performing      GTA Member Mrs Kazim T Bhutia*

The staff and patients of HANDS Rehabilitation celebrated 7<sup>th</sup> anniversary of the Center with a well organized program performed by the patients. Mrs Kazim Tshering Bhutia, Member GTA, Mrs Munna Chettri, municipality ward counselor, other NGO's, HANDS Committee Members and families took part in the celebration.

### Counseling Seminar on Education and Life Ethics( 22<sup>nd</sup> April 2016)



*Mr Nereus Mukhia , Mr Bidhan R Pradhan and Mr Sudip Chettri at the awareness*

Like every year the youth of UCNI had organized a Counseling Seminar on Education and Life Ethics and HANDS has been a part of the program to make the youth aware of substance abuse and its ever growing problems globally, especially amongst the youth.

## Parents and Guardians Counseling Seminar, Saptashree School(29<sup>th</sup> April 16)



Mr Nereus Mukhia along with HANDS Chairperson

Saptashree Gyanpith School, a renowned ICSE school in Kalimpong had organized a parent and guardians seminar on vital issues such as substance abuse. HANDS team in particular talked to the parents and guardians about identification, intervention management and handling affected children and adolescents.

## International Day Against Drug Abuse & Illicit Trafficking (26<sup>th</sup> June 2016)



Traffic Police and CMA Motorcycles leading the rally

Commemorating International Day Against Drug Abuse and Illicit Trafficking, HANDS had organized a rally along with schools performing music at the heart of Kalimpong Town. Mobilizing other government and non Governmental organizations, Schools and institutions like The Police Department, State Bank of India, Axis Bank, Save the Hills, Yaka Foundation, Run with Roshni and Christian Motorcyclist Association. The gathering started the rally went around town and came back to the starting point where the present dignitaries gave motivating speeches and schools like Himali Bording School, Kurseong put up a musical show.



Mrs Roshni Rai

Himali School performing

various school children

Mr Sonam Yaka

## **Award in recognition of fight against Substance Abuse (15<sup>th</sup> August 2016)**



*Chair Person and Vice Chair Mrs Sharda Mukhia and Mr Amode Yonzon*

In recognition to the tireless services rendered towards the community and the people of Kalimpong, Kalimpong Sports Association awarded HANDS a token of appreciation for successfully bringing back victims of substance abuse to main stream society.

## **Independence Day Celebration (15<sup>th</sup> August 2016)**



*Parade and celebrations by the patients*

As the ultimate goal of every patient in the rehabilitation center is to be a responsible and productive member of the society and nation at large the Rehabilitation Center observes national events in full force only to inculcate a sense of patriotism and responsibility towards his family and nation.

## **Rotary Vocational Excellence Award ( 21<sup>st</sup> September 2016)**



*Vice Chair Mr Amode Younzon and Mr Nereus Mukhia receiving the award*

For exemplary service to the people of Kalimpong and the entire region in the fight against substance abuse Rotary Club of Kalimpong also rewarded HANDS with their gratitude.

## Awareness Program at Kagay High School (25<sup>th</sup> Sep 2016)



*HANDS Staff Mr Palden Tamang and Mr Ram Saha at the program*

HANDS along with Cluny Sisters of Bal Suraksha Abhiyan (BSA) who work in the field of child abuse, have come together for a more affective and combined effort of combating both the vital social problems of substance abuse and child abuse as both the issues r interrelated. In most cases the parents of an abused child is a substance abuser. This was one of the many awareness programs with BSA at Kagay High School near Pedong.

## Diwali Celebrations (30<sup>th</sup> October 2016)



*Patients merry making, Dancing and playing Tambola*

To make one feel at home and learn to celebrate festivals happily without the use of substance and Alcohol, HANDS celebrates festivals in the Rehabilitation with all merry making and dance.

## Participation at Blood Donation Camp (26<sup>th</sup> Nov 2016)



*Staff and Volunteers donating*

*Chair Person with ASP Kalimpong*

*Mr Sudip Chettri*

HANDS has always been hand in hand with the Police department in every way to bring about welfare to the people. One out of the many is donating blood by all staff and volunteers organized by Kalimpong Traffic Police during the Traffic Safety Week.

## Awareness Program at Rambi Bazar, NH10 (27<sup>th</sup> Nov 2016)



*Mr Palden Tamang and Mr Jhalak Chettri from HANDS at the awareness*

In yet another Awareness program, HANDS team successfully conducted the seminar on substance abuse, especially Alcohol as the people from the rural areas are more affected with homemade spirit. HANDS team stressed on the disease of alcoholism, its negative effects on the family and the society at large.

## World AIDS Day (1<sup>st</sup> Dec 2016)



*HANDS Staff and volunteers going around Kalimpong town on World AIDS Day*

Like every year, HANDS does not let go of any opportunity in reaching out to the masses and bringing about help, support and solution. World AIDS day has been exactly one of these international events where the staff and volunteers go out in crowd, ask two minutes of their time and passed the message of HIV/AIDS and its mode of transmission to each one of them.

## Christmas Celebrations (25<sup>th</sup> Dec 2016)



*HANDS Patients and Staff along with CMA celebrating Christmas*

In making every patient a responsible family member and respecting the social/religious beliefs of his family, HANDS celebrates all festivals and this time too, young members of the Christian Motorcyclist Association were kind enough to conduct the celebrations.

## Awareness to NSS Program Officers (22<sup>nd</sup> March 2017)



*Mr Nereus Mukhia and Mr Palden Tamang giving out the awareness*

HANDS had been invited as resource people in an Orientation Training for NSS Program Officers, organized by Empanelled Training Institution (TORC), Ramakrishna Mission Ashram, Kolkata. The program was attended by over 40 NSS Guides/Teachers of north Bengal. Hands team successfully rendered an awareness presentation on indentifying and handling students on substance abuse.

## Awareness Program at St Augustine's School, Kalimpong (31<sup>st</sup> March 2017)



*Mr Nereus Mukhia and Mr Palden Tamang addressing the students*

Rotary Club of Kalimpong in association with HANDS had organized an awareness program at St Augustine's School, Kalimpong. St Augustine's School or SAS is a very reputed school in the national level and program of this kind was well taken by the students who were in their hundreds. The program was a complete success with very interesting questions at the end from the students and some even came for follow-up sessions to HANDS office after the program.